Implementing a Fair Workweek Law in Illinois
Protecting Frontline Workers from Unpredictable Schedules

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Executive Summary

Fair workweek laws, also called predictive scheduling laws, have been implemented in Oregon and seven municipalities—including the City of Chicago—to protect workers from unstable scheduling practices. Implemented in June 2020, Chicago’s Fair Workweek Ordinance covers workers at large employers in seven essential and face-to-face industries: building services, health care, hotels, manufacturing, restaurants, retail trade, and warehouse services industries. This report investigates the potential impact of expanding this ordinance to become a statewide policy in Illinois.

Research has found that erratic scheduling practices negatively affect workers’ well-being and disproportionately afflict Hispanic and Black workers.

- Job satisfaction, worker health, and overall well-being are lower among workers who work irregular, unpredictable shifts.
- 44 percent of Hispanic workers have less than 15 days of advance notice of their work schedules and 37 percent of Black workers have less than 15 days advance notice of their work schedules.
- Fair workweek laws typically include “Advance Notice” standards to ensure that employers provide employees their schedules a set number of days before the workweek begins as well as “Predictability Pay” when employers make last-minute adjustments to employees’ schedules.

After Oregon implemented its Fair Workweek Act to expand protections to 172,000 workers in the retail, food service, and accommodations industries, worker outcomes improved.

- Workers reported improvements in rest times between shifts and advance notice of schedules.
- The weekly earnings of affected workers increased by 5 percent and underemployment decreased by 1 percent, relative to the rest of the United States.
- Directly affected employers with 500 or more employees have seen worker turnover decrease and stable employment increase, relative to national average.

Implementing a statewide fair workweek law that extends the Chicago Fair Workweek to large businesses would protect up to 1.6 million essential and frontline workers in Illinois.

- A fair workweek law would disproportionately benefit women (54 percent), Hispanic workers (30 percent), and Black workers (12 percent).
- Of those workers who would be directly affected, 69 percent do not have college degrees and 44 percent earn less than $15 per hour.
- While jobs for high-wage Illinois workers have increased by 4 percent since January 2020, jobs for low-wage Illinois workers are still 18 percent below their pre-pandemic levels.
- Many workers who would be protected by the law—especially those in accommodation and food services—have been unable to work for extended periods of time due to the COVID-19 pandemic.
- The law could help make jobs in essential and face-to-face industries more attractive and improve worker retention by promoting workforce stability, which reduces turnover costs for employers.

The implementation of a fair workweek law would protect more than one million Illinois workers from unstable scheduling practices. These workers are disproportionately women and people of color. Implementing a fair workweek law would increase job satisfaction and overall well-being, improve rest between shifts and advance notice of work schedules, and produce higher wages and less underemployment—helping to address labor shortages for directly affected businesses in Illinois’ essential and face-to-face industries.
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IMPLEMENTING A FAIR WORKWEEK LAW IN ILLINOIS

Introduction

Unpredictable schedules and unstable hours are major issues for many workers in the United States, especially those in low-wage sectors (Golden, 2015). In general, unpredictable scheduling practices hamper employees’ abilities to pursue supplemental work and education, to budget, and to schedule routine necessities like childcare or doctor’s appointments while causing psychological distress for families (Henly & Lambert, 2014; Schneider & Harknett, 2019). The COVID-19 pandemic compounded economic inequities for workers in essential and face-to-face industries who earn lower wages and experience high job volatility. Furthermore, the national labor shortage in sectors like leisure and hospitality has reaffirmed the need to review and update work schedule standards (Manzo & Bruno, 2020; Bivens & Shierholz, 2021).

In 1938, Congress created the Fair Labor Standards Act (FLSA) to create universal workplace standards and define employers’ obligations to their employees (FLSA, 2011). As the arrangements in the modern workplace have changed, so has the need to update labor standards to reflect today’s economy. In 2014, San Francisco became the first city in the United States to pass ordinances regulating unpredictable schedules for hourly workers (Taylor, 2021). Since then, multiple states and municipalities have enacted or begun to enact fair workweek laws—also known as predictive scheduling laws—to extend FLSA protections and prevent the negative workforce and family outcomes that researchers have linked with erratic scheduling.

Predictive scheduling laws have been implemented in one state, Oregon, as well as at least seven municipalities: New York City, San Jose, Seattle, San Francisco, Philadelphia, Emeryville (California), and Chicago (NWLC, 2019). At the federal level, U.S. Senator Elizabeth Warren and U.S. Representative Rosa DeLauro have introduced predictive scheduling legislation with their Schedules That Work Act to provide fair work hour stipulations nationally (The Office of Senator Elizabeth Warren, 2019).

Most fair workweek legislation covers hourly workers in the retail trade, food service, or hospitality industries. The smallest businesses are generally not included due to minimum employee size provisions. However, Chicago’s Fair Workweek Ordinance, implemented in July 2020, is one of the most expansive ordinances to date covering seven different industries: building services, health care, hotels, manufacturing, restaurants, retail trade, and warehouse services (BACP, 2021a). Workers employed in covered industries are protected if they work for an employer that has 100 or more employees, or for a nonprofit organization that has 250 or more employees. Chicago’s Fair Workweek Ordinance not only covers more industries than most predictive scheduling laws, but it also applies to hourly employees who earn less than $26 per hour or salaried employees who earn less than $50,000 per year. “Temp workers” on assignment for 420 hours within an 18-month period are also covered (BACP, 2021a).

This study, conducted by the Illinois Economic Policy Institute and the Project for Middle Class Renewal at the University of Illinois at Urbana-Champaign, investigates the effects of the nation’s lone statewide predictive scheduling law and the potential impact of expanding Chicago’s Fair Workweek Ordinance to become a statewide policy in Illinois.
Background Research on Fair Workweek Laws

According to a research study published in the *American Sociological Review*, routine instability leads to psychological distress, poor sleep quality, and unhappiness—and the association is stronger with routine instability than it is with low wages (Schneider & Harknett, 2019). Predictive scheduling laws aim to reduce these outcomes by implementing a series of protections to prevent unpredictable scheduling practices. These include Advance Notice, Access to Hours, Predictability Pay, Right to Request, and Right to Rest.

Advance Notice standards ensure that employers provide employees their schedules a set number of days before the workweek begins. Employees who are provided more advance notice of their work schedule report lower levels of income volatility (Schneider & Harknett, 2017). According to the 2017-2018 *American Time Use Survey*, the average number of days of advance notice for workers varies greatly by racial or ethnic background. On average, 44 percent of all workers of Hispanic or Latinx ethnicity in the United States had less than 15 days of advance notice of their work schedules (Figure 1). This number was slightly lower for Black or African American workers at 37 percent (Figure 1).

![Figure 1: How Far in Advance Workers Knew Their Work Schedules by Race, 2017-2018 Averages](chart)


The lack of advanced notice is even more problematic when looking at specific industries. In the United States, routine uncertainty of work schedules is more pronounced for workers in the leisure and hospitality industry and in wholesale and retail trade. On average, 61 percent of workers in the leisure and hospitality industry and 42 percent of workers in the wholesale and retail trade industry had less than 15 days of advance notice of their work schedules (Figure 2). Both industries are typically targeted in predictive scheduling laws. In construction, 53 percent of workers have less than 15 days of advance notice of their work schedules, but this industry is usually not included in predictive scheduling laws.

Fair workweek laws also protect weekly hours worked for employees in covered industries. Access to Hours provisions ensure that employers first offer additional hours of work to their qualified existing employees before hiring additional employees. This is designed to help curb underemployment (NWLC, 2019). Workers experience “underemployment” when they want and are available to work full-time but are instead working part time for economic reasons such as their hours being cut back or when they are...
employed in occupations that do not efficiently utilize their skills, level of educational attainment, or experience. Underemployment disproportionately afflicts Black and Latinx workers, women, and part-time workers (Golden & Kim, 2020). When employers make last-minute adjustments to employees’ schedules, such as reduced hours or changes to work shifts, Predictability Pay provisions require employees be compensated for changes. In the Chicago Fair Workweek Ordinance, 1 hour of Predictability Pay is required for any shift change within 10 days (BACP, 2021a). Right to Request provisions protect employees who want to request schedule changes without fear of retaliation from their employers. Vermont and New Hampshire have enacted right to request provisions statewide.

Finally, Right to Rest standards guarantee that employers will provide a minimum amount of time between shifts. This protects employees from being overworked and from working “clopening” shifts—which are when employees work the closing shift followed by the opening shift just a few hours later. Employees who consent to work without the minimum rest time are paid at a higher rate when Right to Rest standards are in place. This provision often includes a “good faith” estimate of what expected hours are when an employee first starts a job (NWLC, 2019). Oregon is the only state to have implemented all five of these work scheduling standards statewide.

Early Economic Impacts of Oregon’s Fair Workweek Act

The Oregon Fair Workweek Act is the only predictive scheduling law to be implemented statewide. Oregon’s law applies to employees in the retail, hospitality, or food service industries. It covers employees in the private sector and does not include salaried individuals. Employers must employ 500 or more employees worldwide for the law to apply (BOLI, 2021). Oregon’s Fair Workweek Act is estimated to cover approximately 172,000 workers (Wolf et al., 2018).

Tenets of Oregon’s Fair Workweek Act require employers to provide a “good faith estimate” of work schedules upon hiring. This good faith estimate includes the median number of hours an employee can work in a month. Oregon’s Fair Workweek Act also includes voluntary standby lists. Voluntary standby lists allow employees to be placed on “standby” for on-call scheduling to show they would like additional hours without compensation for last-minute schedule changes through Predictability Pay.

The Oregon Fair Workweek Act was progressively implemented over two years. The first part of the law went into effect on July 1, 2018 and required qualifying employers to provide good faith estimates of the work schedule, voluntary standby lists, 7 days of advance notice of work schedule, rest between work shifts, input into work schedule, and compensation for schedule changes. The second part of the law, the creation of a right of enforcement filing a lawsuit with Oregon’s Bureau of Labor and Industries (BOLI), went into effect on January 1, 2019. As of July 1, 2020, the final element of Oregon’s Fair Workweek Act was implemented. Employees must now receive 14 days of advance notice of work schedules instead of the previous 7 days’ notice (BOLI, 2021).

A study by researchers at the University of Oregon assessed the efficacy of Oregon’s Fair Workweek Act by conducting in-depth interviews with 75 workers and 23 managers and schedulers in businesses across the state. The researchers found that there were some improvements in scheduling due to the law. Workers mainly reported experiencing Right to Rest between shifts, the Right to Request, and Advanced Notice of work schedules. However, while the study found that Advance Notice standards did result in more frequent advance notices of schedules, workers were still experiencing last-minute scheduling changes as a result of understaffing (Loustauanau et al., 2020).

Managers were also encouraged to find ways to avoid Predictability Pay, made possible by provisions in the law that gave workers the option to waive their right to Predictability Pay (Loustauanau et al., 2020). Allowed under the law, employers created voluntary standby lists and one-off waivers to avoid compensating their workers with Predictability Pay. Employers have also relied on their own interpretations of the law to force workers to “volunteer” for schedule changes in order to avoid Predictability Pay. Nevertheless, despite language in the law that facilitated these policy circumventions, workers did note an improvement in scheduling.

Figure 3 assesses the labor market outcomes of Oregon workers who are paid by the hour and employed in either the retail trade industry or the accommodation and food services industry against their counterparts in all other U.S. states. The data come from the Current Population Survey Outgoing Rotation Groups (CPS-ORG), a monthly survey conducted jointly by the U.S. Department of Labor and U.S. Census Bureau that is used to measure various economic outcomes, from state unemployment rates to annual union membership rates (EPI, 2021). A total of 30 months of data from January 2016 through June 2018 is compared with 30 months of data from July 2018 through December 2020 to assess outcomes before and after Oregon implemented its Fair Workweek Act.
The data reveal positive impacts for retail workers and accommodation and food services workers who are paid by the hour in Oregon since enactment of the Fair Workweek Act (Figure 3). On average, these hourly workers experienced an increase in their hourly earnings from about $16 per hour to $19 per hour, a gain of 18 percent. By comparison, their counterparts in the rest of the United States saw their wages rise by just 12 percent, a difference of 6 percent. Similarly, the median worker saw his or her hourly earnings rise by 19 percent to $15 per hour in Oregon after the law compared to just a 15 percent increase to $14 per hour in the rest of the United States, a difference of 4 percent. Hours worked by employees were generally unchanged in both areas but were about 2 percent lower for hourly workers in Oregon’s retail trade and accommodation and food services industries relative to their peers in all other states. Despite this hours differential, the workers covered by Oregon’s Fair Workweek Act experienced a 17 percent income boost per week ($98) on average compared with just 12 percent ($75) for their counterparts in the rest of the United States, a 5 percent difference. These data suggest that Oregon’s Fair Workweek Act helped close the gap in wages between Oregon’s retail trade and food services workers and their counterparts in the rest of the United States.1 Furthermore, the share of hourly workers in these covered industries who were underemployed—or involuntarily employed part-time for economic reasons—fell further in Oregon than in the rest of the United States, indicating that the policy may have contributed to a 0.6 percent drop in underemployment in Oregon (Figure 3).

<table>
<thead>
<tr>
<th>Labor Market Outcome</th>
<th>Oregon: Retail Trade, Accommodation, and Food Services Paid by the Hour</th>
<th>All Other States: Retail Trade, Accommodation, and Food Services Paid by the Hour</th>
<th>Difference</th>
</tr>
</thead>
<tbody>
<tr>
<td>Average Wage</td>
<td>$16.21 $19.14 +18.1%</td>
<td>$17.13 $19.13 +11.7%</td>
<td></td>
</tr>
<tr>
<td>Median Wage</td>
<td>$12.59 $15.00 +19.2%</td>
<td>$12.50 $14.40 +15.2%</td>
<td></td>
</tr>
<tr>
<td>Hours Worked</td>
<td>35.8 35.5 -1.0%</td>
<td>35.8 36.0 +0.6%</td>
<td></td>
</tr>
<tr>
<td>Weekly Wages</td>
<td>$580.86 $679.02 +16.9%</td>
<td>$613.53 $688.97 +12.3%</td>
<td></td>
</tr>
<tr>
<td>Underemployed Workers</td>
<td>8.4% 7.4% -1.1%</td>
<td>7.1% 6.6% -0.5%</td>
<td></td>
</tr>
</tbody>
</table>


Figure 4 further explores labor market changes for affected Oregon workers in the retail trade industry and the accommodation and food services industry. The data come from Quarterly Workforce Indicators collected and released by the U.S. Census Bureau’s Longitudinal Employer-Household Dynamics (LEHD) program (LEHD, 2021). While the dataset includes all workers employed in these industries and is not limited to just hourly employees, it does allow researchers to evaluate changes by the size of business establishments, including those with 500 or more employees who are directly covered by Oregon’s policy.

1 Though not shown, retail trade workers and accommodation and food services workers in Illinois earned $17.43 per hour and worked 35.5 hours per week in the 30 months prior to Oregon’s Fair Workweek Act and earned $19.64 per hour and worked 35.4 hours per week in the 30 months after (EPI, 2021). Wage growth for these workers in Illinois (+12.7 percent) has been slightly faster than the rest of the United States’ but slower than Oregon’s. The change in hours for these Illinois workers (-0.3 percent) also falls between the changes for Oregon for the rest of the United States.
Six quarters (18 months) of data from the first quarter of 2017 through the second quarter of 2018 before Oregon’s Fair Workweek Act are contrasted with six quarters (18 months) of data from the third quarter of 2018 through the fourth quarter of 2019, which was during the phased implementation of Oregon’s Fair Workweek Act.\(^2\)

At directly affected establishments in covered industries, Oregon has again fared better than their competitors throughout the United States (Figure 4). The quarterly turnover rate of accommodation and food services employees at large businesses increased by 0.4 percent in Oregon but rose by 1 percent in similar establishments nationwide, a difference of -0.6 percent. For retail trade employees at establishments with 500 or more workers, the worker turnover rate fell by 0.1 percent in Oregon but was unchanged (0 percent) nationally, a difference of -0.1 percent. While the quarterly turnover rate did not change significantly, the data indicate that the predictive scheduling law reduced worker turnover relative to the national average.

The implementation of Oregon’s Fair Workweek Law also had no negative impact on employment for directly affected businesses in covered industries (Figure 4). The number of stable jobs—or jobs held on both the first and last day of the quarter with the same employer—increased by 6 percent at accommodation and food services establishments with 500 or more employees in Oregon. By contrast, they only increased by 2 percent for comparable large businesses nationwide, a difference of 4 percent. Similarly, while stable jobs at large retailers decreased by 1 percent in Oregon during implementation of the predictive scheduling law, they fell by nearly 2 percent nationwide, a difference of 1 percent.

The data suggest that the Fair Workweek Act has modestly improved labor market outcomes for workers in Oregon without significantly affecting businesses in the state. The law expanded coverage to approximately 172,000 workers who have reported improvements in rest times between shifts and advanced notice of work schedules (Wolf et al., 2018; Petrucci et al., 2021). At the same time, the weekly earnings of affected workers have increased by 5 percent and underemployment has fallen by 0.6 percent in Oregon relative to the rest of the United States. Finally, at directly affected employers with at least 500 employees, quarterly worker turnover has decreased by as much as 0.6 percent and stable employment

\(^2\) Note that 2020 was not included because data on turnover rates were not yet available during the time of the analysis.
has increased by as much as 4 percent. Accordingly, while some business groups are opposed to fair workweek legislation, there is no evidence that the policy has caused businesses to lay off workers in Oregon (e.g., see Elejalde-Ruiz, 2019). Instead, the policy could be used by employers as a way to attract workers back into industries hit hardest by the COVID-19 pandemic and retain those workers, reducing turnover costs that negatively affect companies’ bottom lines (Boushey & Glynn, 2012).

A Fair Workweek Law Would Protect More than One Million Workers in Illinois

Chicago’s Fair Workweek Ordinance is one of the most expansive ordinances to date, covering seven different industries: building services, health care, hotels, manufacturing, restaurants, retail trade, and warehouse services. Chicago’s Fair Workweek Ordinance applies to hourly employees who earn less than $26 per hour and salaried employees who earn less than $50,000 per year. Workers are covered if their employer has at least 100 employees globally or at least 250 employees and 30 locations for certain restaurants or at least 250 employees for nonprofit organizations.

### Figure 5: Estimated Number of Workers Covered Under a Potential Fair Workweek Act in Illinois, 2019

<table>
<thead>
<tr>
<th>Industry</th>
<th>Total Industry Employment</th>
<th>Share of Workers in Firms with 250+ Employees</th>
<th>Nonsupervisory Share of Employment</th>
<th>Total Covered Workers</th>
</tr>
</thead>
<tbody>
<tr>
<td>Manufacturing</td>
<td>585,894</td>
<td>65.3%</td>
<td>69.9%</td>
<td>267,394</td>
</tr>
<tr>
<td>Retail Trade</td>
<td>587,163</td>
<td>68.2%</td>
<td>85.4%</td>
<td>341,646</td>
</tr>
<tr>
<td>Accommodation and Food Services</td>
<td>528,446</td>
<td>43.0%</td>
<td>88.2%</td>
<td>200,680</td>
</tr>
<tr>
<td>Warehouse Services (and Transportation)</td>
<td>281,410</td>
<td>71.2%</td>
<td>87.4%</td>
<td>175,047</td>
</tr>
<tr>
<td>Health Care (and Social Assistance)</td>
<td>780,949</td>
<td>59.7%</td>
<td>88.3%</td>
<td>411,527</td>
</tr>
<tr>
<td>Building Services (Administrative and Waste Services)</td>
<td>438,704</td>
<td>66.3%</td>
<td>89.0%</td>
<td>259,043</td>
</tr>
<tr>
<td>Estimated Workers Covered by Policy</td>
<td></td>
<td></td>
<td></td>
<td>1,655,337</td>
</tr>
<tr>
<td>Total Employees in Illinois</td>
<td></td>
<td></td>
<td></td>
<td>5,995,905</td>
</tr>
<tr>
<td>Estimated Share Covered by Policy</td>
<td></td>
<td></td>
<td></td>
<td>27.6%</td>
</tr>
</tbody>
</table>


To calculate the number of workers who would be covered if Chicago’s Fair Workweek Ordinance was implemented statewide, total employment levels in manufacturing, retail trade, accommodations and food services, warehouse services, health care and social assistance, and building services industries, as reported in the Quarterly Census of Employment and Wages for 2019, are multiplied by the share of each industry’s workforce in firms with 250 or more employees nationwide from Quarterly Workforce Indicators data for 2019. The resulting numbers for each industry are subsequently multiplied by the share...
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Estimates on the number of workers who would be protected by a fair workweek law in Illinois are presented in Figure 5. Assuming that all nonsupervisory workers employed at establishments or franchises with at least 250 employees would be covered regardless of income level, a statewide fair workweek law would protect 1.6 million workers in Illinois, or 28 percent of the total workforce in Illinois. This includes 412,000 workers in health care, 342,000 workers in retail, 267,000 workers in manufacturing, 259,000 workers in building services, 201,000 hotel and restaurant workers, and 175,000 warehouse workers.

Figure 6: Demographic, Education, and Labor Market Data for Selected Workers in Illinois, 2019

Summary Statistics for Workers in Illinois by Sector

<table>
<thead>
<tr>
<th>Demographics</th>
<th>Workers in the Seven Covered Industries</th>
<th>All Workers in All Industries</th>
<th>Difference</th>
</tr>
</thead>
<tbody>
<tr>
<td>Women</td>
<td>53.7%</td>
<td>47.3%</td>
<td>+6.4%</td>
</tr>
<tr>
<td>Men</td>
<td>46.3%</td>
<td>52.7%</td>
<td>-6.4%</td>
</tr>
<tr>
<td>White (non-Hispanic)</td>
<td>51.7%</td>
<td>62.9%</td>
<td>-11.2%</td>
</tr>
<tr>
<td>Black or African American</td>
<td>12.3%</td>
<td>11.3%</td>
<td>+1.1%</td>
</tr>
<tr>
<td>Hispanic or Latinx</td>
<td>30.0%</td>
<td>18.3%</td>
<td>+11.6%</td>
</tr>
<tr>
<td>All Other Races</td>
<td>6.0%</td>
<td>7.5%</td>
<td>-1.5%</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Educational Attainment</th>
<th>Workers in the Seven Covered Industries</th>
<th>All Workers in All Industries</th>
<th>Difference</th>
</tr>
</thead>
<tbody>
<tr>
<td>Less than a High School Degree</td>
<td>15.4%</td>
<td>7.5%</td>
<td>+7.9%</td>
</tr>
<tr>
<td>High School Degree or Equivalent</td>
<td>33.1%</td>
<td>22.7%</td>
<td>+10.4%</td>
</tr>
<tr>
<td>Some College, No Degree</td>
<td>20.4%</td>
<td>17.0%</td>
<td>+3.3%</td>
</tr>
<tr>
<td>Associate Degree</td>
<td>11.4%</td>
<td>9.2%</td>
<td>+2.2%</td>
</tr>
<tr>
<td>Bachelor's Degree</td>
<td>15.9%</td>
<td>27.0%</td>
<td>-11.2%</td>
</tr>
<tr>
<td>Advanced Degree</td>
<td>3.9%</td>
<td>16.6%</td>
<td>-12.7%</td>
</tr>
<tr>
<td>No College Degree</td>
<td>68.8%</td>
<td>47.2%</td>
<td>+21.7%</td>
</tr>
<tr>
<td>College Degree</td>
<td>31.2%</td>
<td>52.8%</td>
<td>-21.7%</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Labor Market Data</th>
<th>Workers in the Seven Covered Industries</th>
<th>All Workers in All Industries</th>
<th>Difference</th>
</tr>
</thead>
<tbody>
<tr>
<td>Average Wage Per Hour</td>
<td>$19.30</td>
<td>$29.01</td>
<td>-33.5%</td>
</tr>
<tr>
<td>Earns Less than $15 Per Hour</td>
<td>44.2%</td>
<td>23.8%</td>
<td>+20.4%</td>
</tr>
<tr>
<td>Earns Less than $26 Per Hour</td>
<td>79.8%</td>
<td>54.5%</td>
<td>+25.3%</td>
</tr>
<tr>
<td>Average Hours Worked Per Week</td>
<td>36.2</td>
<td>39.3</td>
<td>-7.8%</td>
</tr>
<tr>
<td>Full-Time Worker</td>
<td>71.7%</td>
<td>80.0%</td>
<td>-8.3%</td>
</tr>
</tbody>
</table>

Source(s): Author’s analysis of 2019 Current Population Survey Outgoing Rotation Groups (CPS-ORG) data from the U.S. Bureau of Labor Statistics (EPI, 2021). Data are for all workers in Illinois who are paid by the hour and work for private or nonprofit organizations in the seven industries that would be covered by a fair workweek law.

Figure 6 utilizes data from the Current Population Survey Outgoing Rotation Groups (CPS-ORG) to understand the characteristics of workers who would be protected by a statewide fair workweek law (EPI, 2021). Demographic, educational attainment, and labor market data for workers in the seven industries that would be covered by a statewide fair workweek law are compared with outcomes for all workers in Illinois. The data reveal that the majority of workers who would be protected by the policy would be women (54 percent) and White, non-Hispanic (52 percent). However, the workers who would be
protected by a fair workweek law would be disproportionately Hispanic or Latinx and Black or African American. Of workers who would be covered by the law, 30 percent are of Hispanic or Latinx ethnicity and 13 percent are Black or African American by racial background. By contrast, only 18 percent of the total Illinois workforce is Hispanic or Latinx and just 12 percent are Black or African American (Figure 6).

Directly affected workers are also less likely to be college-educated and significantly more likely to earn less than $15 per hour in Illinois (Figure 6). Fully 69 percent of workers who would be protected by the policy do not have college degrees compared with 47 percent of all Illinois workers, a difference of 22 percent. Their average wage of about $19 per hour is 34 percent below the statewide average worker hourly earnings of $29 per hour, and 44 percent earn less than $15 per hour—which is 20 percent higher than the share earning less than $15 per hour throughout the Illinois economy (24 percent). The minimum wage is currently $15 per hour in the City of Chicago and $12 per hour in Illinois, but will increase to $15 per hour in Illinois in January 2025 (BACP, 2021b; IDOL, 2021). It is also worth noting that 80 percent of the directly affected workers earn less than $26 per hour. If a potential statewide law also uses this hourly income threshold from the Chicago ordinance, then an estimated 1.3 million workers would be covered (Figure 6).

Despite their precarious work schedules, directly affected workers would primarily be those who are employed full-time (Figure 6). Workers in the industries that would be covered by a fair workweek law average 36 hours per week. Fully 72 percent are employed full-time. However, the fair workweek law would likely reduce the share of Illinois workers who are underemployed or involuntarily employed part-time for economic reasons. A 2020 report from researchers at the University of Illinois at Urbana-Champaign found that 65 percent of all Black and African American part-time workers and 70 percent of all Hispanic and Latinx part-time workers in Illinois are underemployed and want more hours (Golden & Dickson, 2020). Underemployment, the study found, is associated with problematic schedule practices. Workers with the shortest advance notice of their schedules are the least satisfied with their work hours and workers whose schedules are often changed exhibit higher rates of underemployment. The study also found that irregular shift work and on-call work was highest in the industries covered by Chicago’s Fair Workweek Ordinance (Golden & Dickson, 2020).

The 1.6 million Illinois residents who would benefit most from a statewide fair workweek law would be disproportionately Women, Black, Hispanic, non-college-educated, and low-wage workers in essential and frontline industries impacted most by the COVID-19 pandemic. For example, while high-wage Illinois workers earning more than $60,000 per year have seen employment return and even exceed pre-pandemic levels, job losses persist for low-wage workers (Figure 7). Jobs for low-wage Illinois workers earning less than $37,000 per year remained 18 percent below their pre-pandemic level as of August 2021. Similarly, Illinois’ aggregated leisure and hospitality industry still had 11 percent fewer jobs than before the pandemic and the aggregated retail and transportation industry is 6 percent below pre-pandemic levels.
Figure 7: Change in Employment by Income Level in Illinois Since January 2020, As of August 2021

**Percent Change in Employment***

In Illinois, as of August 10, 2021, employment rates among workers in the top wage quartile increased by 4.3% compared to January 2020 (not seasonally adjusted).

Data source: Earnin, Intuit, Kronos, Paychex

*Note: All employment data is based on payroll data from Paychex and Intuit, worker-level data on employment and wages from Earnin, and time sheet data from Kronos. The dotted line is a prediction of employment rates based on Kronos and Paychex data.

Source(s): Reproduction from “The Opportunity Insights Economic Tracker” reports produced by researchers at Harvard University and Brown University (Chetty et al., 2021).

Figure 8: Change in Employment by Selected Industry in Illinois Since January 2020, As of August 2021

**Percent Change in Employment***

In Illinois, as of August 10, 2021, employment rates decreased by 6.8% compared to January 2020 (not seasonally adjusted).

Data source: Earnin, Intuit, Kronos, Paychex

*Note: All employment data is based on payroll data from Paychex and Intuit, worker-level data on employment and wages from Earnin, and time sheet data from Kronos. The dotted line is a prediction of employment rates based on Kronos and Paychex data.

Source(s): Reproduction from “The Opportunity Insights Economic Tracker” reports produced by researchers at Harvard University and Brown University (Chetty et al., 2021).
Finally, many of the workers who would be protected by a fair workweek law in Illinois have been unable to work for extended periods of time due to the COVID-19 pandemic (Figure 9). In May of 2020, 41 percent of workers in the accommodation and food services industry were unable to work because their employer closed or lost business due to the COVID-19 pandemic. Between 17 percent (manufacturing) and 24 percent (warehouse services) of workers in the other industries that would be covered by a statewide fair workweek law were also unable to work because their employer closed or lost business due to the virus. Note that this is in addition to the workers who were unable to work for other COVID-19-related reasons, such as a lack of child care and school closures. Well into the pandemic, between 1 percent (manufacturing) and 4 percent (building services) of workers remained out of work because their employer has closed or lost business (Figure 9).

Figure 9: Employed Persons Unable to Work at Some Point in the Last Four Weeks Because Their Employer Closed or Lost Business Due to the Coronavirus Pandemic, May 2020 through July 2021

Conclusion and Recommendations

Schedule instability is a problem that plagues workers in many industries and can lead to psychological distress, poor sleep quality, work-family conflict, and unhappiness. Fair workweek laws have been implemented in the State of Oregon and multiple municipalities, including the City of Chicago, to protect workers from unstable scheduling practices. In Oregon, where the Fair Workweek Act covers as many as 172,000 workers, workers have experienced higher wages, less underemployment, more rest between shifts, and improvements in advance notice of work schedules since enactment—all without negatively impacting employment levels among directly affected businesses in covered industries.

The State of Illinois could follow Oregon and implement a law that would generally extend the Chicago Fair Workweek Ordinance to all workers at large businesses across the state, protecting an estimated 1.6 million workers. If a potential statewide law used the same $26 per hour threshold as the Chicago ordinance, then an estimated 1.3 million workers would be protected. The policy change would disproportionately benefit women, Black, Hispanic, non-college-educated, and low-wage workers in essential and frontline industries that have been impacted most by the COVID-19 pandemic. In the face of growing concerns about labor shortages affecting both service industries and the goods-producing manufacturing industry, a fair workweek law could help attract and retain workers in these hard-hit sectors of the economy—providing both schedule security and predictability pay for workers and worker stability and reduced turnover costs for employers (Davidson, 2021; Mutikani, 2021; Klein, 2021).

A fair workweek law in Illinois would produce positive societal impacts in Illinois. Research has found that job satisfaction and overall well-being are higher among workers who work regular, predictable shifts and who are content with their current hours. A fair workweek law would reduce irregular shift times and increase the length of time for workers to receive advance notice of their work schedules, which would improve health outcomes and worker life satisfaction. These improvements in worker well-being would occur without negatively impacting employers in the state (Golden & Dickson, 2020).

Elected officials in Illinois should learn lessons from the experiences in Oregon and the City of Chicago in any efforts to pass fair workweek legislation. First, there would be a need to educate and inform workers of the new labor standards and their rights under the law. Studies from Oregon and Chicago have found that employees were generally unaware of the fair workweek legislation (Loustaunau et al., 2020; Golden & Dickson, 2020). Second, elected officials could consider policies to address standby lists and waivers that can be abused by employers to avoid paying premium “Predictability Pay” when they change workers’ schedules on short notice. These exemptions significantly weaken Oregon’s fair workweek law (Petrucci et al., 2021). Finally, while Chicago’s Fair Workweek Ordinance includes the important provision of providing workers with more hours before hiring new workers, a statewide fair workweek law could also provide workers with a minimum number of guaranteed hours to mitigate workers’ dependence on last-minute shifts. With strong labor standards and a robust educational campaign, the implementation of a fair workweek law would protect more than one million Illinois workers from unstable scheduling practices.
IMPLEMENTING A FAIR WORKWEEK LAW IN ILLINOIS

Sources


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